

# 05 Feb 20 20:00 - CDC - Spring 2020 - Wed - Beginners

## Waltz

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We did right and left foot changes. We went round the room along line of dance. The leaders went forward and the followers went backward.

### Right Foot Closed Change

Step	Timing	Leader	Follower
1	1	RF forward; HT	LF back; TH
2	2	LF side; T	RF side; T
3	3	RF closes; TH	LF closes; TH

### Left Foot Closed Change

Step	Timing	Leader	Follower
1	1	LF forward; HT	RF back; TH
2	2	RF side; T	LF side; T
3	3	LF closes; TH	RF closes; TH

## Cha Cha

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We did the basics in Cha Cha. We did these in closed hold. We then did them in open hold and added in some New Yorks. It is possible to start with either New York, but at this stage, it's easier for the leader to change when they are about to step forward with their left foot, so the New York will be to the leader's right. We also did the solo spot turn to the leader's left.

We combined things together with an even number of basics, then an odd number of New Yorks, then the spot turn. It is then possible to go back into open hold and do some more basics.

Leaders: when leading the spot turn, don't take your partner's left hand in your right hand on the chasses, instead put the palm of your hand flat against the side of your partner's hand so that they know you're not taking hold and that you want them to turn.

If one partner turns and the other does a New York then this is perfectly fine. Just pretend it was deliberate!

### Left Forward Basic

Step	Timing	Leader	Follower
1	2	LF forward	RF back
2	3	Transfer to RF	Transfer to LF
3-5	4 & 1	LRL chasse to left	RLR chasse to right

### Right Back Basic

Step	Timing	Leader	Follower
1	2	RF back	LF forward
2	3	Transfer to LF	Transfer to RF
3-5	4 & 1	RLR chasse to right	LRL chasse to left

### **New York to Right (in Counter Promenade Position)**

Step	Timing	Leader	Follower
1	2	1/4 turn right, LF forward in open counter promenade position	1/4 turn left, RF forward in open counter promenade position
2	3	Transfer to RF	Transfer to LF
3-5	4 & 1	Turn to face partner then LRL chasse to left	Turn to face partner then RLR chasse to right

### **New York to Left (in Promenade Position)**

Step	Timing	Leader	Follower
1	2	1/4 turn left, RF forward in open promenade position	1/4 turn right, LF forward in open promenade position
2	3	Transfer to LF	Transfer to RF
3-5	4 & 1	Turn to face partner then RLR chasse to right	Turn to face partner then LRL chasse to left

### **Solo Spot Turn to Left**

Step	Timing	Leader	Follower
1	2	1/4 turn left, RF forward in open promenade position	1/4 turn right, LF forward in open promenade position
2	3	1/2 turn left, transfer weight to LF	1/2 turn right, transfer weight to RF
3-5	4 & 1	Turn to face partner then RLR chasse to right	Turn to face partner then LRL chasse to left