

## Waltz

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We recapped the change steps and the right turn. Leaders will do left and right closed changes down the room, when the leader gets towards the corner they will start a right turn (when the leader is about to take a forward step with their right leg). The right turn will turn three quarters of a turn to the right, so you'll find at the end that you are now facing line of dance along the new wall. If you don't make it all the way round, then that's ok, you can straighten up on the next few change steps.

### Right Foot Closed Change

Step	Timing	Leader	Follower
1	1	RF forward; HT	LF back; TH
2	2	LF side; T	RF side; T
3	3	RF closes; TH	LF closes; TH

### Left Foot Closed Change

Step	Timing	Leader	Follower
1	1	LF forward; HT	RF back; TH
2	2	RF side; T	LF side; T
3	3	LF closes; TH	RF closes; TH

### Natural Spin Turn

Step	Timing	Leader	Follower
1	1	RF forward; Diag Wall; HT; start turn right	LF back; backing Diag Wall; TH; start turn right
2	2	LF side; T	RF side; T
3	3	RF closes; TH	LF closes; TH
4	1	LF back; pivot; THT	RF forward; pivot; HT
5	2	RF forward; HT	LF back; T
6	3	LF side; TH	RF forward; brush; TH

## Cha Cha

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We recapped the basics and the New Yorks. We talked about standing up nice and tall to lift your upper body off your hips, it makes you lighter and makes it easier to move your legs. We did pairs of figures before changing to the next figure because it is easier to change when the leader is about to step forward with their left foot.

### Left Forward Basic

Step	Timing	Leader	Follower
1	2	LF forward	RF back
2	3	Transfer to RF	Transfer to LF
3-5	4 & 1	LRL chasse to left	RLR chasse to right

## Right Back Basic

Step	Timing	Leader	Follower
1	2	RF back	LF forward
2	3	Transfer to LF	Transfer to RF
3-5	4 & 1	RLR chasse to right	LRL chasse to left

## New York to Right (in Counter Promenade Position)

Step	Timing	Leader	Follower
1	2	1/4 turn right, LF forward in open counter promenade position	1/4 turn left, RF forward in open counter promenade position
2	3	Transfer to RF	Transfer to LF
3-5	4 & 1	Turn to face partner then LRL chasse to left	Turn to face partner then RLR chasse to right

## New York to Left (in Promenade Position)

Step	Timing	Leader	Follower
1	2	1/4 turn left, RF forward in open promenade position	1/4 turn right, LF forward in open promenade position
2	3	Transfer to LF	Transfer to RF
3-5	4 & 1	Turn to face partner then RLR chasse to right	Turn to face partner then LRL chasse to left

## Rumba

We recapped the basics and the New Yorks. We talked about waiting on beat 1 (you can allow your weight to settle into the hip, but your feet don't move). We did pairs of figures before changing to the next figure because it is easier to change when the leader is about to step forward with their left foot.

## Left Forward Basic

Step	Timing	Leader	Follower
1	2	LF forward	RF back
2	3	Transfer to RF	Transfer to LF
3	4,1	LF to side	RF to side

## Right Back Basic

Step	Timing	Leader	Follower
1	2	RF back	LF forward
2	3	Transfer to LF	Transfer to RF
3	4,1	RF to side	LF to side

## New York to Right (in Counter Promenade Position)

Step	Timing	Leader	Follower
1	2	1/4 turn right, LF forward in open counter promenade position	1/4 turn left, RF forward in open counter promenade position
2	3	Transfer to RF	Transfer to LF

3	4,1	Turn to face partner then LF to left	Turn to face partner then RF to right
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### **New York to Left (in Promenade Position)**

Step	Timing	Leader	Follower
1	2	1/4 turn left, RF forward in open promenade position	1/4 turn right, LF forward in open promenade position
2	3	Transfer to LF	Transfer to RF
3	4,1	Turn to face partner then RF to right	Turn to face partner then LF to left