

# 05 Mar 20 17:00 - Fulbourn - Spring 2020 - Teachers

## Waltz

---

We worked on the Natural Turn trying to get three quarters of a turn over the six steps. Leaders worked on turning their shoulders to the right as they took their first step (and again on step four).

We did the Closed Chhange Steps (forward for the leader and backward for the follower) down each side of the room, with a Natural Turn in each corner.

We then learnt the Whisk and Chasse.

In the Whisk, the first step is forwards for the leader and back for the follower. The second step is a small step sideways. The third step involves crossing one foot behind the other and then standing on it. Leaders will turn the follower into Promenade Position on this step. Followers: you will turn your head to the right.

The Chasses has four steps in it. The count is 1, 2 and 3. The second and third steps are half a beat each. Followers: during the chasses step you will move your head back to the left and return to closed position.

Leaders: your first step after the Chasses is a right foot forward step, you'll step outside your partner (to their right side, rather than between their feet).

### Right Foot Closed Change

Step	Timing	Leader	Follower
1	1	RF forward; HT	LF back; TH
2	2	LF side; T	RF side; T
3	3	RF closes; TH	LF closes; TH

### Left Foot Closed Change

Step	Timing	Leader	Follower
1	1	LF forward; HT	RF back; TH
2	2	RF side; T	LF side; T
3	3	LF closes; TH	RF closes; TH

### Natural Turn

Step	Timing	Leader	Follower
1	1	RF forward; Diag Wall; HT; start turn right	LF back; backing Diag Wall; TH; start turn right
2	2	LF side; T	RF side; T
3	3	RF closes; TH	LF closes; TH
4	1	LF back; TH	RF forward; HT
5	2	RF side; T	LF side; T
6	3	LF closes; Diag Centre; TH	RF closes; backing Diag Centre; TH

### Whisk

Step	Timing	Leader	Follower
1	1	LF forward; HT	RF back; TH

2	2	RF side; T	LF side; T
3	3	LF cross behind in PP; TH	RF cross behind in PP; TH

### Chasse from Promenade Position

Step	Timing	Leader	Follower
1	1	RF forward in PP; Diag Wall; HT	LF forward in PP; Diag Centre; HT
2	2	LF side; T	RF side; T
3	&	RF close; T	LF close; T
4	3	LF side; Diag Wall; TH	RF side; Backing Diag Wall; TH