

12 Mar 20 17:00 - Fulbourn - Spring 2020 - Teachers

Midnight Waltz

We learnt the Midnight Waltz which is a line dance. We all start with our weight on our right foot.

We do a Left Foot Botofogo then a Right Half Turn then another Left Foot Botofogo (facing the back wall) and a Right Half Turn (so we're back facing the wall we started on).

We then did three botofogos: Left Foot Botofogo, Right Foot Botofogo, Left Foot Botofogo, and a Right Full Turn.

We do three whisks: Left Whisk, Right Whisk, Left Whisk. We then finished with a Right Chasse (side close side) to end with our weight on our right foot and ready to start again.

We did this to some normal Waltz tracks. The faster track we used is Children by The Mavericks.

Left Foot Botofogo

Step Timing Leader

Follower

Step	Timing	Leader	Follower
1	1	LF crosses in front of RF	
2	1	RF to side, part weight	
3	1	Transfer weight to LF	

Right Half Turn

Step Timing Leader

Follower

Step	Timing	Leader	Follower
1	1	RF crosses in front of LF	
2	1	Start to turn right, LF behind	
3	1	Continue to turn right, it's a half turn, RF to side	

Right Foot Botofogo

Step Timing Leader

Follower

Step	Timing	Leader	Follower
1	1	RF crosses in front of LF	
2	1	LF to side, part weight	
3	1	Transfer weight to RF	

Right Full Turn

Step Timing Leader

Follower

Step	Timing	Leader	Follower
1	1	RF crosses in front of LF	
2	1	Start to turn right, LF behind	
3	1	Continue to turn right, it's a full turn, RF forward as you finish turning	

Left Whisk

Step Timing Leader

Follower

Step	Timing	Leader	Follower
1	1	LF to side	
2	1	RF crosses behind LF, part weight	

3	1	Transfer weight to LF	
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Right Whisk

Step Timing Leader Follower

1	1	RF to side	
2	1	LF crosses behind RF, part weight	
3	1	Transfer weight to RF	

Right Chasse

Step Timing Leader Follower

1	1	RF to side	
2	1	LF closes to RF	
3	1	RF to side	